



KETOGEN4

FREQUENTLY ASKED QUESTIONS

Q. How does KetoGen4 work?

A. KetoGen4 introduces exogenous ketones into your system to effectively promote ketosis— unlocking your body's ability to get into ketosis while feeling great.*

Q. How many calories does KetoGen4 have per serving?

A. One serving (one scoop) has 5 calories.

Q. How does KetoGen4 taste?

A. It has a delicious kiwi peach flavor.

Q. Is KetoGen4 vegan?

A. Yes. KetoGen4 is vegan.

Q. How often should I take KetoGen4?

A. Six days a week, in the morning with a meal.

Q. Why is it better to take with a meal?

A. KetoGen4 assimilates best with food. If your stomach is empty, most of the valuable nutrients will run through your system quickly unable to provide all the benefits. Furthermore, KetoGen4 contains many additional nutrients that when taken on an empty stomach may cause stomach discomfort.*

Q. Do I need to take KetoGen4 in the morning?

A. No, if you are fasting or cannot take it in the morning, take it with the first meal of the day.*

Q. What if I experience stomach discomfort or change in bowel movements?

Try half the dosage (1/2 scoop) until you feel more comfortable and then slowly increase the dosage as your body adjusts.*

Q. What is ketosis (or keto)?

A. Keto is short for ketosis. Ketosis is a metabolic state characterized by raised levels of ketones in the system. A ketone is produced by the liver to be used for energy when there isn't glucose available. When your body is in ketosis, it begins to use stored body fat as its primary source for energy.*

Q. What's the difference between exogenous and endogenous ketones?

A. Endogenous ketones are produced naturally by the liver due to nutritional intake. Exogenous ketones are introduced into the body in the form of a ketone supplement, such as KetoGen4.*

Q. How does KetoGen4 compare to competing products?

A. The short answer is the ingredient mix that makes up our superior/singular formula. Our exclusive 4-BHB salt combo provides an immediate source of exogenous ketones, vital nutrients, and vitamins to promptly put you in ketosis while ensuring an overall feeling of wellness.*

Q. Can I take KetoGen4 if I'm not on a low-carb diet?

A. Yes. Regardless of your diet, KetoGen4 promotes ketosis allowing you to reap the benefits provided. However, for optimal weight management, a healthy low-carb diet is recommended.*

Q. What sweetener is used in KetoGen4?

A. Trace amounts of sucralose are used to balance the powerful flavor of the four BHB salts.*



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, or prevent any disease.